My family's Disaster Preparedness Checklist

Contents of emergency bag

Emergency food (water)		First aid kit		Miscellaneous	
Name	Quantity	Name	Quantity	Name	Quantity
☐ Drinking water		☐ Bandaids		☐ Flashlight (batteries)	
☐ Canned dried bread		☐ Antiseptic		☐ Candles	
☐ chocolate		☐ Gauze		☐ Lighter, matches	
☐ candy		☐ Bandages, slings		☐ Portable gas cooker	
☐ Canned honey		☐ Medical thermometer		☐ Can opener, bottle opener	
☐ Instant ramen		☐ Tweezers		☐ Paper plates and cups, disposable chopsticks	
☐ Canned goods		☐ Scissors		☐ Knife	
☐		☐ Pain reliever		☐ Non-slip work gloves	
☐		☐ Stomach medicine		☐ Rope	
☐		☐ Cold medicine		☐ Large plastic sheets	
☐		☐ Prescription & other drugs		☐ Plastic raincoat	
☐		☐		☐ Tissues	
☐		☐		☐ Sanitary napkins	
☐		☐		☐ Battery operated radio	
☐		☐		☐ Spare batteries (size type)	
☐		☐		☐ Portable chargers	
☐		☐		☐ Plastic bags	
☐		☐		☐ Whistle	

Clothing		Valuables		Pet necessities	
Name	Quantity	Name	Quantity	Name	Quantity
☐ Underwear		☐ Cash		☐ Pet carry cage	
☐ Coats		☐ Bank books, seals		☐ Pet food bowl	
☐ Socks		☐ copy of health insurance card		☐ Pet food	
☐ Handkerchiefs		☐ Copy of driver's license		☐ Leash, harness	
☐ Towels		☐ copies of important documents		☐ Pet information	
☐ Helmets/disaster hoods		☐ Emergency contact list		☐ Pet sanitary sheets	
☐		☐ Medical alert card		☐ Towels	
☐		☐		☐	

※Notes

List checked   **Date**